

Detection of Lactate Dehydrogenase in Human Serum with Roche c502

Test Name: In vitro test for the quantitative determination of lactate dehydrogenase in human serum and plasma on Roche/Hitachi cobas c systems.

Method Name: Lactate dehydrogenase catalyzes the conversion of L-lactate to pyruvate. NAD is reduced to NADH in the process. The initial rate of the NADH formation is directly proportional to the catalytic LDH activity. It is determined by photometrically measuring the increase in absorbance.

Results: Technical Range: 10-1000 U/L
Reportable Range: 10-863 U/L

Reference Ranges: 1-30 days: 135-750 U/L
31 days-11 months: 180-435 U/L
1-3 years: 160-370 U/L
4-6 years: 145-345 U/L
7-9 years: 143-290 U/L
10-12 years: 120-293 U/L
13-15 years: 110-283 U/L
16-17 years: 105-233 U/L
≥18 years: 122-222 U/L

Clinical Significance: The lactate dehydrogenase (LDH) enzyme is widely distributed in tissue, particularly in the heart, liver, muscles and kidneys. The LDH in serum can be separated into five different isoenzymes based on their electrophoretic mobility. Each isoenzyme is a tetramer composed of two different subunits. These two subunits have been designated heart and muscle, based on their polypeptide chains. There are two homotetramers, LDH 1 (heart) and LDH 5 (muscle), and three hybrid isoenzymes.

Elevated serum levels of LDH have been observed in a variety of disease states. The highest levels are seen in patients with megaloblastic anemia, disseminated carcinoma and shock. Moderate increases occur in muscular disorders, nephrotic syndrome and cirrhosis. Mild increases in LDH activity have been reported in cases of myocardial or pulmonary infarction, leukemia, hemolytic anemia and non-viral hepatitis.

Submission Criteria: For specimen collection and preparation, only use suitable tubes or collection containers.

Only the specimens listed below were tested and found acceptable.

Serum

Plasma: Li-heparin

NOTE: Plasma from primary tubes handled according to the manufacturer's instructions can still contain cells, leading to implausibly high results. One option for these cases is an application with automatic sample pre dilution (ACN 147/ACN 8147). Alternatively, it is recommended to transfer the plasma from the primary tube to a secondary sample tube.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, therefore not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Storage and Stability: 42 days at (-15°C) - (-20°C)
4 days at 2-8°C
7 days at 20-25 °C

Note: In connection with certain diseases (e.g. hepatopathy, diseases of skeletal muscle, malignant tumors), the LDH-4 and LDH-5 isoenzyme portions are increased and unstable in cooled and frozen samples; this may lead to an incorrect LDH value in samples collected from patients suffering from such diseases.

Rejection Criteria:

Rejection criteria include but are not limited to:

1. Specimens containing fibrin or clots.
2. Excessive platelet clumping
3. Leaking specimens
4. Substandard mixing or collection
5. Expired or improperly stored collection tubes.
6. Improperly filled tubes based on collection tube manufacturer's guidelines.
7. Contaminated specimens (IV fluid, foreign particles, etc.)
8. Specimens not analyzed within the appropriate time frame.
9. Samples not shipped at appropriate temperature.
10. Samples without 2 proper identifiers or samples having identifiers that do not match the electronic or paper lab requisition.

Authorization:

Diagnostic testing can only be performed with approval from an authorized provider/agency.

Turn Around Time:

1 day.

Instructions for Serum Specimen Submission

General Information

The detection of lactate dehydrogenase in human serum and plasma is performed using a Roche cobas i58 analyzer. Serum specimens are preferred.

Specimens must be collected and stored at 20-25 °C if to be analyzed within 7 days, at 2-8°C if to be analyzed within 4 days and stored at -20°C if to be analyzed within 42 days. Please be aware that storing specimens at $\leq -70^{\circ}\text{C}$ ($\leq -94^{\circ}\text{F}$) is not permissible.

Specimens MUST be received at Reditus Laboratories within 4 days of collection.

Collection Instructions for Serum Specimen

1. Do not use expired collection tubes. Store collection tubes as per manufacturers recommendations. Use standard venipuncture practices for collecting samples. Filled gold top serum tubes are preferred.
2. Ensure that the patient's name, date-of-birth, and time/date of collection are recorded on the specimen tube along with the name or initials of the individual collecting the sample.
3. Complete all the demographic information on a sample requisition form through the approved electronic submission process
4. Refrigerate the specimen between 2-8°C (36-46°F) and ship or courier the specimen(s) within 48 hours.
5. The specimen(s) *must* be received at the laboratory **no later than** 48 hours *from the time of collection*.
 - a. **Avoid shipping specimens over weekends or holidays** as they may not be received at the laboratory and cold-packs will not maintain the required 2-8°C (36-46°F) specimen temperature.
 - b. Ensure that specimens shipped by commercial carrier are shipped with **overnight delivery**. If shipping on a Friday for Saturday delivery, ***you must include Saturday Delivery*** during shipment, or the specimens will not be received until the following non-holiday business day. Failure to receive specimens within 24 hours of shipment will result in specimens being rejected from testing.
6. For any questions pertaining to sample collection, storage, or shipping, please contact the Reditus Laboratories using the below contact information.

Instructions for Specimen Transport

7. **Messenger/Courier by ground transport.** Place specimen(s) into a biohazard labeled bag and seal securely. Place the test requisition(s) on the outside of the biohazard labeled bag. Place the sealed biohazard bag and test requisition(s) inside the shipping container. Place cold packs, which have been frozen for at least 24 hours, in the leak-proof outer container. The shipping container must be rigid, such as a Styrofoam cooler, and labeled with the UN 3373 Biological Substance Category B marking. Close securely.
8. **Commercial carrier by ground/air transport.** Place the specimen(s) inside a biohazard labeled bag and seal securely. Place the test requisition(s) on the outside of the biohazard labeled bag. Place the sealed bag and completed test requisitions(s) inside the outer shipping container. Place cold packs, which have been frozen for at least 24 hours, in the leak-proof outer container. Label the outer shipping container with Reditus Laboratories address listed below. Complete the return address section to include the name of the person shipping the package, business name and address, and a business phone number. The shipping container must include the UN3373 Biological Substance Category B marking.
9. *Ship specimens by overnight delivery* to the attention of Clinical Chemistry at Reditus Laboratories. This can be accomplished by use of local courier, shipping corporations or U.S. Postal Service.
 - a. **If specimens are shipped on a Friday for Saturday delivery, *you must include/indicate Saturday delivery*** during shipment, or the specimens will not be received until the following non-holiday business day. Failure to receive specimens within 24 hours of

shipment will result in specimens being rejected from testing.

10. The specimen(s) must be received at the laboratory **no later than 4 days** *from the time of collection* and 24 hours from the time of shipment. Do not ship specimens over weekends or holidays as they will not be received, and cold-packs will not maintain the required 2-8°C (36-46°F) specimen temperature.

NOTE: Testing may be delayed, or specimens may be considered UNSATISFACTORY if the above instructions are not followed or the requisition form is not filled out completely. If there are any questions about specimen collection, handling, or shipping please contact the Reditus Laboratories to speak with laboratory personnel.

Ship specimens by a local courier or overnight by commercial carrier to the designated laboratories indicated below.

Send to: Reditus Laboratories
200 Enterprise Drive
Pekin, IL 61554

Phone: (469) 498-0222

Website: <https://www.redituslabs.com/>