Detection of C-reactive Protein in Human Serum with Roche c502

Test Name: In vitro test for the quantitative determination of C-reactive protein in human serum and plasma on Roche/Hitachi cobas c systems.

Method Name: Particle enhanced immunoturbidimetric assay. Human CRP agglutinates with latex particles coated with monoclonal anti-CRP antibodies.

Results: Technical Range: 0.3-35 mg/dL
Reportable Range: 0.32-31.94 mg/dL

Reference Ranges: Taken from Mayo Clinic.
≤8.0 mg/L

Clinical Significance: C-reactive protein is the classic acute phase protein in inflammatory reactions. It is synthesized by the liver and consists of five identical polypeptide chains that form a five membered ring having a molecular weight of 105,000 daltons. CRP is the most sensitive of the acute phase reactants and its concentration increases rapidly during inflammatory processes. Complexed CRP activates the classical complement pathway.

The CRP response frequently precedes clinical symptoms, including fever. In normal healthy individuals CRP is a trace protein with a range up to 5 mg/L. After onset of an acute phase response the serum CRP concentration rises rapidly and extensively. The increase begins within 6 to 12 hours and the peak value is reached within 24 to 48 hours.

Levels above 100 mg/L are associated with severe stimuli such as major trauma and severe infection (sepsis). CRP response may be less pronounced in patients suffering from liver disease. CRP assays are used to detect systemic inflammatory processes; to assess treatment of bacterial infections with antibiotics; to detect intrauterine infections with concomitant premature amniorrhexis; to differentiate between active and inactive forms of disease with concurrent infection, e.g. in patients suffering from SLE or Colitis ulcerosa; to therapeutically monitor rheumatic disease and assess anti-inflammatory therapy; to determine the presence of post-operative complications at an early stage, such as infected wounds, thrombosis and pneumonia, and to distinguish between infection and bone marrow rejection. Postoperative monitoring of CRP levels of patients can aid in the recognition of unexpected complications (persisting high or increasing levels). Measuring changes in the concentration of CRP provides useful diagnostic information about how acute and how serious a disease is. It also allows judgements about the disease genesis. Persistence of a high serum CRP concentration is usually a grave prognostic sign which generally indicates the presence of an uncontrolled infection.

Submission Criteria: For specimen collection and preparation, only use suitable tubes or collection containers.
Only the specimens listed below were tested and found acceptable.
Serum
Plasma: Li-heparin, K_2-EDTA and K_3-EDTA plasma

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, therefore not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Storage and Stability: 14 days at 15-25 °C
21 days at 2-8°C
365 days at (-15°C) - (-25°C)

Rejection Criteria: Rejection criteria include but are not limited to:

1. Specimens containing fibrin or clots.
2. Excessive platelet clumping
3. Leaking specimens
4. Substandard mixing or collection
5. Expired or improperly stored collection tubes.
6. Improperly filled tubes based on collection tube manufacturer's guidelines.
7. Contaminated specimens (IV fluid, foreign particles, etc.)
8. Specimens not analyzed within the appropriate time frame.
9. Samples not shipped at appropriate temperature.
10. Samples without 2 proper identifiers or samples having identifiers that do not match the electronic or paper lab requisition.

Authorization: Diagnostic testing can only be performed with approval from an authorized provider/agency.

Turn Around Time: 1 day.

Instructions for Serum Specimen Submission

General Information

The detection of C-reactive protein IV in human serum and plasma is performed using a Roche cobas i58 analyzer. Serum specimens are preferred.

Specimens must be collected and stored at 15-25 °C if to be analyzed within 14 days, at 2-8°C if to be analyzed within 21 days and stored at (-15°C) - (-25°C) if to be analyzed within 365 days. Please be aware that storing specimens at ≤ -70°C (≤ -94°F) is not permissible.

Specimens MUST be *received* at Reditus Laboratories within 14 days of collection.

Collection Instructions for Serum Specimen

1. Do not use expired collection tubes. Store collection tubes as per manufacturers recommendations. Use standard venipuncture practices for collecting samples. Filled gold top serum tubes are preferred.
2. Ensure that the patient's name, date-of-birth, and time/date of collection are recorded on the specimen tube along with the name or initials of the individual collecting the sample.
3. Complete all the demographic information on a sample requisition form through the approved electronic submission process
4. Refrigerate the specimen between 2-8°C (36-46°F) and ship or courier the specimen(s) within 48 hours.
5. The specimen(s) *must* be received at the laboratory **no later than** 48 hours *from the time of collection*.
    a. **Avoid shipping specimens over weekends or holidays** as they may not be received at the laboratory and cold-packs will not maintain the required 2-8°C (36-46°F) specimen temperature.
    b. Ensure that specimens shipped by commercial carrier are shipped with **overnight delivery**. If shipping on a Friday for Saturday delivery, ***you must include Saturday Delivery*** during shipment, or the specimens will not be received until the following non-holiday business day. Failure to receive specimens within 24 hours of shipment will result in specimens being rejected from testing.
6. For any questions pertaining to sample collection, storage, or shipping, please contact the Reditus Laboratories using the below contact information.

Instructions for Specimen Transport

7. **Messenger/Courier by ground transport.** Place specimen(s) into a biohazard labeled bag and seal securely**.** Place the test requisition(s) on the outside of the biohazard labeled bag. Place the sealed biohazard bag and test requisition(s) inside the shipping container. Place cold packs, which have been frozen for at least 24 hours, in the leak-proof outer container. The shipping container must be rigid, such as a Styrofoam cooler, and labeled with the UN 3373 Biological Substance Category B marking. Close securely.
8. **Commercial carrier by ground/air transport.** Place the specimen(s) inside a biohazard labeled bag and seal securely. Place the test requisition(s) on the outside of the biohazard labeled bag. Place the sealed bag and completed test requisitions(s) inside the outer shipping container. Place cold packs, which have been frozen for at least 24 hours, in the leak-proof outer container. Label the outer shipping container with Reditus Laboratories address listed below. Complete the return address section to include the name of the person shipping the package, business name and address, and a business phone number. The shipping container must include the UN3373 Biological Substance Category B marking.
9. *Ship specimens by overnight delivery* to the attention of Clinical Chemistry at Reditus laboratories. This can be accomplished by use of local courier, shipping corporations or U.S. Postal Service.
    a. **If specimens are shipped on a Friday for Saturday delivery, *you must include/indicate Saturday delivery*** during shipment, or the specimens will not be received until the following non-holiday business day. Failure to receive specimens within 24 hours of

shipment will result in specimens being rejected from testing.

10. The specimen(s) must be received at the laboratory **no later than** 48 hours *from the time of collection* and 24 hours from the time of shipment. Do not ship specimens over weekends or holidays as they will not be received, and cold-packs will not maintain the required 2-8°C (36-46°F) specimen temperature.

NOTE: Testing may be delayed, or specimens may be considered UNSATISFACTORY if the above instructions are not followed or the requisition form is not filled out completely. If there are any questions about specimen collection, handling, or shipping please contact the Reditus Laboratories to speak with laboratory personnel.

Ship specimens by a local courier or overnight by commercial carrier to the designated laboratories indicated below.

Send to: Reditus Laboratories
200 Enterprise Drive
Pekin, IL 61554

Phone: (469) 498-0222

Website: https://www.redituslabs.com/